

# Mexican Fiesta Menu

<u>Menu Items</u>	<u>Components</u>
Chili Cheese Nachos	Meat and Grain
Beef & Cheese Burrito	Meat and Grain
Crispito & Cheese Sauce with Rice	Meat and Grain
Chicken Taco Salad	Meat/Grain/Vegetable
Steamed Broccoli	Vegetable
Baby Carrots with Ranch Dip	Vegetable
Corn on the Cob	Vegetable
Shoestring Potatoes ( MWF)	Vegetable
Pinto Beans	Vegetable
Green Beans	Vegetable
Fruit Cup	Fruit
Fresh Fruit	Fruit
Chocolate or White Milk	Milk

---

Choose 3-5 different components to make a complete meal.  
Students MUST select either a fruit or vegetable component.  
Students may select up to two vegetables and two fruits.